



Course Outline

Advanced Communication:

Using the Principles of Neuro Linguistic Programming - NLP Techniques (2 Days)

Minimum and Maximum Learners: 06 - 12 Duration: One Day Timings: 10:00 - 16:30

Suitable for

Anyone interested in enhancing their communication skills and taking them to a higher level – the course is particularly helpful for those who line-manage others (staff or volunteers) or want to use more persuasive, impactful communication.

This course has limited number to provide more time for practice development.

Aim

To explore the power of human persuasion and communication and introduce Neuro Linguistic Programming (NLP) techniques.

Learning Outcomes

By the end of the course, you will be able to:

- ☑ **Develop** your personal communication through Neuro-Linguistic Programming (NLP).
- ☑ **Identify** way of thinking that are helpful or unhelpful.
- ☑ **Describe** NLP and how the tools and techniques might be used.
- ☑ **Explain** the power of words and how to use language to create rapport, influence and persuade.

✔ **Practice** body language techniques to build confidence in self and others.

✔ **Use** NLP techniques (e.g. mirroring, matching and mismatching) to build rapport and relationships with others.

Benefits of Attending

✔ Feel confident and ready to put your learning into practice.

✔ Take away a practical toolkit with proven techniques and ideas you can use straight away.

✔ Create a Personal Action Plan to apply your learning in your workplace.

Training Style

This course is highly interactive and uses engaging, 'brain-friendly' methods such as exercises, quizzes, group discussions, skills practice, storytelling and practical tools to support real-world application.

You'll receive a **Welcome Pack** with pre-course activities, a **Learner Workbook** during training, an **E-Book** on this topic and a **Bonus Pack** afterwards with extra tools and follow-up activities to help you put learning into practice. (*email required)

Other Courses to consider [\(Visit my website for details of these and other courses\)](#)

➔ Assertiveness II: Assertiveness and Me in Action (2 Days)

➔ Coaching Skills for Managers

➔ Developing Resilience in an Ever-Changing World

➔ Facilitation Skills II: Advanced Theory Tools and Techniques (2 Days)

➔ Internal Communication – Don't hear it on the Grapevine

➔ Leadership Skills to Empower and Inspire (3 Days)

➔ Making the Most of Meetings I: Skills for those chairing, leading or facilitating meetings

➔ Motivating Staff for Peak Performance

➔ Presentation Skills II: Mastering Advanced Techniques for Authentic Impact (2 Days)

➔ Turning Your Organisation's Vision, Mission and Values into Day-to-Day Practice with your Staff and Volunteer Behaviours

